

Adolescent Chemical Dependency Treatment Referral and Resource Guide



*Children don't care how much you know, until they know how much
you care.*



DBHR Division of Behavioral
Health and Recovery

Revised September 2011

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For help in placing youth, or updates for services, contact:

• Eric Larson	Behavioral Health Program Manager	(509) 225-7969
• MeLinda Trujillo	Behavioral Health Program Manager	(360) 794-1365
• Bob Leonard	Behavioral Health Program Manager	(206) 272-2188
• Ruth Leonard	Behavioral Health Program Manager	(360) 725-3742
• Tina Burrell	Behavioral Health Youth Treatment Lead	(360) 725-3796
• Sue Green	Behavioral Health Treatment Lead	(360) 725-3732

Additional youth resources:

Call 866.TEENLINK (866.833.6546) every evening 6-10pm

Youth online chat at www.866teenlink.org Monday, Tuesday & Thursdays 6-10pm

For 24-hour help for mental health, problem gambling and substance abuse, call 1-866-789-151 or visit

www.waRecoveryHelpLine.org

Youth Treatment Services Continuum of Care

MISSION STATEMENT

Youth services will be provided in a culturally relevant environment and in a culturally sensitive manner, which respects the diversity of the targeted population. Youth treatment services will:

- Be responsive to low-income, indigent youth and families who are in need of a community-based continuum of care.
- Be provided in a manner which reduces barriers and increases access, engagement, retention, and completion.
- Foster collaboration and community responsiveness at all levels of care, with other state agencies, including the Children's Administration (CA), Juvenile Rehabilitation Administration (JRA), Regional Support Networks (RSNs), and coordinated with academic and/or vocational needs.
- Be coordinated to reduce eligibility, financial, and clinical barriers to treatment resources.
- Ensure that family members and other significant adults in the lives of the youth we serve are welcomed, encouraged, and assisted in participating in the treatment, no matter how difficult or complicated the issues faced by the family.

Introduction

This is a resource guide to youth treatment services contracted by the Department of Social and Health Services (DSHS) - Division of Behavioral Health and Recovery (DBHR). The guide will clarify terms and definitions and provide instructions to refer youth to outpatient or residential treatment services.

The goals of DBHR-contracted youth chemical dependency treatment are to provide each adolescent and his/her family with a structured, age-appropriate program, which includes, but is not limited to:

- a. Abstinence from alcohol and other drugs.
- b. Ancillary treatment services to family members, which may include birth, adoptive, foster parents, and other caring adults and youth.
- c. Comprehensive assessment of the youth's drug and alcohol use, his/her family and other support systems, school involvement, and other high risk behavior, including suicide risk, HIV/AIDS Brief Risk Assessment, etc.
- d. An assessment of adolescent development, including level of maturation, emotional stability and functioning, educational history, and learning ability.

Treatment should be provided which respects and addresses the age, gender, language, culture, ethnicity, and sexual orientation of participants and their family members.

DEFINITION AND REQUIREMENTS OF TREATMENT SERVICES

DBHR Certification: Certification is approval of a chemical dependency treatment program by DBHR. Certification of a program signifies that the program meets certain minimum standards as outlined in Washington Administrative Code (WAC) 388-805 includes a number of important references to youth counselors, outpatient and residential treatment, and treatment in schools.

Youth Contract Requirements: State certified outpatient and residential treatment programs have, as part of their contracts, specific guidelines for the treatment of youth, including specific assessment and counseling requirements, staffing ratios, reporting and referral requirements, etc. For specific information regarding

these contract requirements, contact your County Alcohol and Drug Coordinator, DBHR Behavioral Health Administrator, or the DBHR Behavioral Health Youth Treatment Lead.

Assessment: A thorough, multidimensional, individualized interview performed by a chemical dependency professional (CDP) to determine appropriateness for adolescent chemical dependency treatment. Either outpatient or residential treatment providers may conduct assessments. Often, agencies use a standardized, adolescent-specific chemical dependency assessment tool, such as the Global Assessment of Individual Needs (GAIN- I) or other appropriate assessment tools.

In compliance with Revised Code of Washington (RCW) 70.155.080 youth are prohibited from possessing tobacco products while participating in treatment services.

DBHR has developed a useful sample **Youth Assessment/Diagnosis** form that meets all WAC, American Society of Addiction Medicine (ASAM), and Diagnostic Statistical Manual (DSM) IV requirements.

A copy of the *Sample Youth Assessment* form can be found on the DBHR website under “Sample Patient Placement-Type Forms” at <http://www.dshs.wa.gov/dbhr/daforms.shtml#dbhr>.

An assessment should include:

- a. An alcohol and drug use history.
- b. A family use pattern and addiction history.
- c. A description and assessment of existing support systems, including family and peer relationships and school involvement, and an assessment of high risk behaviors, including suicide risk evaluation and an HIV/AIDS Brief Risk Evaluation.
- d. An assessment of adolescent development, including level of maturation, emotional stability and functioning, educational history, and learning ability.

DESCRIPTION OF ADOLESCENT OUTPATIENT SERVICES

A. *Outpatient Treatment*

A state certified non-residential program, which provides chemical dependency assessments and an alcohol/drug-free counseling program for adolescents and young adults ages ten (10) through 17. Young adults ages 18 -20 may be served in youth agencies if appropriate. Collateral and family support services may also be provided to family members of youth clients. Clients under the age of ten (10) may be served with the approval of the DBHR contract manager. Outpatient treatment programs for adolescents are designed to diagnose, stabilize, counsel, and build family and social support systems, which promote abstinence and growth. Youth outpatient services shall include treatment appropriate for misuse of alcohol and other drugs, in addition to treatment for addiction.

DBHR-funded youth outpatient services are funded through counties. A list of all these programs is located on **pages 11 - 25** of this booklet.

B. *Outreach Services (contracted services with certified agencies)*

Defined as initiating discussion with youth regarding alcohol and other drugs, possible consequences of usage, and education and information about services and resources for individuals affected by their own substance abuse or chemical dependency, or by that of significant people in their lives. Youth outreach services may include outreach to youth in schools, Children’s Administration (CA), Juvenile Rehabilitation Administration (JRA), Juvenile Courts, or referred by agencies or individuals concerned about children.

C. *Group Care Enhancement Program*

At the discretion of the individual Counties, DBHR funds can be used to contract with adolescent alcohol and drug treatment agencies to provide outstation certified counselors in residential agencies serving youth who are placed by the child welfare, juvenile justice, and mental health systems. The goals of the Group Care Enhancement (GCE) program are to deliver chemical dependency treatment and prevention services at facilities already housing youth and to integrate those services in the overall treatment culture of each facility.

DESCRIPTIONS OF ADOLESCENT DETOX AND RESIDENTIAL TREATMENT SERVICES

A DBHR certified and state licensed residential facility, which is voluntary, alcohol and drug-free, designed for youth, and supports abstinence from alcohol and other drugs. Family and significant other treatment is included, as well as relapse and long-term recovery education and counseling. Individual programs may provide, depending upon the level of care (outlined in this section), more intensive therapeutic interventions and services. Some residential facilities treating youth may be a part of a program, which also treats adults. DBHR-contracted youth providers must comply with safeguards for the treatment of youth, which include separate and distinct sleeping room assignments, and specific developmentally appropriate programming.

The county contracted youth providers may conduct assessments to determine clinical eligibility for residential services, by DBHR-funded residential facilities. The treatment descriptions listed in this section are meant to be brief overviews. For more details on levels of care, contact the DBHR Behavioral Health Youth Treatment Lead, Tina Burrell at (360) 725-3796.

DBHR-funded ***residential, detox, and treatment services*** are funded directly from DBHR to individual providers. A list of these providers is located in the DBHR's "Directory of Chemical Dependency Treatment Services in Washington State," located at: <http://www.dshs.wa.gov/dbhr/dadirectory.shtml>

Financial assistance is available to those youth and families who qualify for residential treatment for the reimbursement of mileage and lodging associated with attendance at a DBHR-funded residential facility. See section on ***Transportation Assistance/Family Hardship Program*** on **Page 10** of this booklet.

Taking into consideration the results of an assessment using ASAM makes determination of the need for inpatient treatment. The assessment process would include information regarding the safety of the minor, the likelihood of deterioration of the minors' recovery if released and information received from collateral sources such as the parents, the patients' referral, probation, school, etc.

A. *Youth Detoxification/Crisis Stabilization Services*

The purpose of the Detoxification and Crisis Stabilization Services for youth is to provide a safe, temporary, protective environment for at-risk/runaway youth who are experiencing harmful effects of intoxication and/or withdrawal from alcohol and other drugs, in conjunction with emotional and behavioral crisis, including co-existing or undetermined mental health symptomology. The Detoxification/Crisis Stabilization service will address the needs of and treatment outcomes for youth who need chemical dependency and other treatment services but who may not be able to access these services due to acute intoxication and medical, psychological, and behavioral problems associated with their alcohol/drug use. Detox services are considered residential treatment. See Age of Consent Section.

Detoxification/Crisis Stabilization Services are available to youth, ages 13 - 17, which are:

1. Experiencing harmful intoxication substance-induced disorders and/or withdrawal from alcohol/other drugs.
2. Experiencing an episode of clear and present danger to harm self/others due to alcohol/drug intoxication and/or withdrawal, with associated emotional and behavioral problems.
3. Experiencing co-existing or undetermined mental health symptomatology, which need detoxification in order to make accurate assessment of treatment needs.

Youth under the age 13 or over age 17 may be served, based on clinical need and availability of age-appropriate services.

B. *Level I Youth Basic Residential Treatment*

Youth appropriate for this level of care include: Those ages 13 through 17 who evidence cognitive development of at least 11 years of age, have a primary diagnosis of chemical dependency, and require less clinical supervision and behavior management. A chemical dependency professional (CDP) will conduct a clinical assessment to participants, age 12 and younger, or age 18, 19, or 20, to determine their appropriateness for youth treatment. In some cases, referral of an 18 year old to adult Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) services may be appropriate.

Generally speaking, youth participants in Level I will not necessarily require intensive therapeutic intervention for other disorders, such as mental disorders or aggressive behavior, as part of primary chemical dependency treatment.

Length of stay is variable, based on clinical needs and program design. Maximum stay is 60 days, with exceptions for longer stays if clinically indicated.

Level I programs may admit youth that meet some of the clinical characteristics of a Level II-type client, if the decision is based on clinical assessment and program ability to meet the needs of the youth and their family.

C. *Level II Youth Intensive Residential Treatment*

Youth appropriate for this level of care include: Those ages 13 through 17 who meet the criteria for being both chemically dependent **and** with the symptoms of a mental health diagnosis (or potential diagnosis) requiring concurrent management with the treatment of addiction (e.g., attention deficit-hyperactivity disorder, depression, conduct disorder, etc.) and/or extreme family dysfunction, prior trauma due to emotional, physical, and/or sexual abuse, which may present a major risk of danger to the client and/or others, and high risk to not complete treatment. Participant's age 12 and younger, or ages 18, 19, or 20 may be served with clinical assessment of appropriateness for youth treatment.

Length of stay is variable, but usually will be longer than Level I treatment. Maximum stay may extend to 120 days (expected range is 45 to 90 days). Exceptions to length of stay guidelines may be available with clinical need. Level II programs are required to provide chemical dependency counseling staff trained in areas other than chemical dependency, such as developmental issues, abuse, anger, aggression, and behavior management. They are also required to provide a mental health specialist position, and some form of staff and/or physical security for youth who are at risk to leave treatment against clinical advice. Some Level II programs are locked or are secure facilities. Youth with serious criminal history, history of assaultive behavior, sexual assault, murder, or attempted murder may be refused admission to treatment, but only upon reviewed by DBHR youth program managers.

Level II programs may serve youth who fit the Level I characteristics, but Level II clients will have assessment and admission priority.

D. Youth Recovery House

Youth appropriate for this service include: Those youth ages 13 through 17 who have completed residential chemical dependency treatment and who cannot immediately live with their legal guardians, parents, foster parents, or relatives, or other out-of-home placement. Youth ages 18, 19, or 20 may be served in a youth facility if assessed by a CDP as developmentally appropriate for a youth treatment program. Youth from both Level I and Level II programs may be served in Recovery House Programs. DBHR currently has four recovery houses available for youth completing inpatient treatment.

Recovery House Programs provide adequate structure and supervision, continued treatment emphasis on recovery and abstinence from alcohol and other drugs, and improvement of living skills, including education and employment skills. The programs also provide access to community support systems, and youth participation in age-appropriate activities. The Recovery House Program is an extension of and transition from residential treatment.

E. Secure Treatment

Some Level I and Level II facilities provide interior/exterior security systems to reduce potential for youth running away.

HOW TO REFER YOUTH TO TREATMENT

Each DBHR-contracted youth provider is responsible for determining a youth's clinical and financial eligibility for treatment at that contracted facility. Those youth who have already been determined to meet Title XIX (Medicaid) and/or have medical coupons will be eligible for DBHR-contracted outpatient and residential services. Income eligibility information may be accessed through the youth provider (*also see section on Early Periodic Screening Diagnosis and Treatment [EPSDT] on Page 9 of this booklet*). Other family resources may be used in combination with DBHR funds if appropriately determined, such as insurance or private pay.

Generally, it is best to refer a youth to an outpatient facility for the initial assessment, although residential facilities will provide assessments for DBHR-eligible youth without cost. The outpatient counselor can ensure that youth who are referred to residential services are referred back to the local outpatient program for continuing care support. Residential facilities will make every attempt to refer youth back to local outpatient services.

Although many youth reluctantly agree to enter treatment, there has been a small percentage of extremely resistant, defiant, runaway, non-offender youth whose parents have not been able to get them into treatment.

With enactment of the **At-Risk Runaway Youth Act**, known as the "**Becca Bill**," state legislators focused attention on a parent's right to provide for the protection of and to establish guidelines for their runaway, out-of-control youth. The "Becca Bill" gives parents additional options for accessing needed services. In support of this legislation, DBHR assists parents of youth with an At-Risk Youth (ARY) petition and those who are being admitted under the Involuntary Treatment Act (ITA). The ARY petition originates with the parent's local office of the DCFS, where a Family Reconciliation Services caseworker will assist the parent in filing the

petition with Juvenile Court. *The ARY petition may be a helpful tool if all other avenues to get the youth into treatment have failed.*

Youth who may be experiencing immediate and life threatening consequences of chemical dependency, and who meet the incapacity criteria described in RCW 70.96A.140, may require involuntary commitment. A Designated Chemical Dependency Specialist initiates the ITA commitment after an investigation and evaluation of specific facts alleging that a youth is incapacitated as a result of chemical dependency (see Appendix I in the DBHR “Provider Directory”).

BECCA Information

In the 1998 Legislative Session, Substitute Senate Bill 6208 was passed into law. The bill did not change the current laws regarding consent for outpatient and inpatient treatment, although they re-titled them as "voluntary" treatment processes (listed in section "Age of Consent" in this Guide). The law added new procedures for that which is referred to as "parent-initiated" outpatient and inpatient treatment.

"Parent initiated" treatment allows a parent to bring a minor child to an outpatient or inpatient treatment provider to have the child assessed for admission, *without the child's consent.*

The new definition of "medical necessity" refers to inpatient care that will "alleviate a chemical dependency, or prevent the worsening of chemical dependency conditions that endanger life, or cause suffering or pain." Minor youth also have the right to petition the court for review of their continued stay in treatment. This and other safeguards will support the treatment of minors who are medically in need of treatment, but who refuse to consent or "volunteer" to be admitted.

In order to assist parents and treatment providers with the intent of all the Becca legislation, DBHR has defined “Becca-type” youth as those who have applied for treatment after going through any of the following processes:

- Parent-initiated admission of a non-consenting youth.
- Youth with At-Risk Youth (ARY) or Child In Need of Services (CHINS) petitions.
- Youth under an Involuntary Treatment Act (ITA) order pursuant to 70.96A.140.
- Youth referred after having been admitted to a DBHR-contracted Youth Detox/Crisis Stabilization bed.
- Youth applying for admission as a “Self-Consent,” whose parents are unwilling or unable to provide, consent, and who meet the definition of a CHINS youth.
- Native American youth referred by a tribal court with any of the above legal designations.

For Further Information about Youth Treatment Resources Including Assessment, Contact:

- Local County Alcohol and Drug Coordinator (listed in the Provider Directory)
- DBHR Behavioral Health Program Manager (listed on the inside cover of the Provider Directory).
- Tina Burrell, DBHR Behavioral Health Youth Treatment Lead, at (360) 725-3796
- Washington Recovery Help Line (866-789-1511) or **866.TEENLINK (866-833-6546)** every evening 6-10pm

AGE OF CONSENT FOR YOUTH TREATMENT PROGRAMS

Parental authorization is required for **any** treatment of a minor **under age 13**.

- **Outpatient chemical dependency treatment.** Any person 13 years of age or older may give consent for counseling, care, treatment, or rehabilitation by a treatment program or by any person. Outpatient programs providing treatment to minors 13 years of age or older shall provide notice of the minor's request for treatment to the minor's parents within seven days **if** the minor signs a written consent authorizing the disclosure, **or** the treatment program director determines that the minor lacks capacity to make a rational choice regarding consent disclosure.
- **Residential chemical dependency treatment (includes detoxification services).** Parental consent is required for anyone **under the age of 18**, except that **inpatient** programs can now admit youth without a parental consent if the youth **meets the definition** of a Child in Need of Services. These youth should only be admitted if the youth has been living outside of the family home and the parents are unavailable, unable, or unwilling to provide consent to treatment. Admitting a self-consenting youth is a determination made by the program to which the youth applies, based on information obtained by the program, and the program must document efforts to locate and engage the parents in the treatment process.

If legal custody is held by DSHS, the DSHS caseworker must be contacted to consent to residential chemical dependency treatment.

FAMILY PARTICIPATION

Family participation is encouraged and strongly recommended. A definition of family includes birth, adoptive, foster, stepparent, and marital relationships.

EARLY PERIODIC SCREENING, DIAGNOSIS, AND TREATMENT

This is a Title XIX, Medicaid-funded preventative health care program for children and youth up to age 21. Washington State calls its Early Periodic Screening Diagnostic and Treatment (EPSDT) Program "Healthy Kids." In addition to providing for routine health concerns, any needed treatment identified in the EPSDT exam must be provided. For Medicaid youth who are substance-abusing, treatment must be provided if a health care practitioner through the EPSDT/Healthy Kids program identifies the need.

To assure that youth making application for services receive the full benefit of the EPSDT/Healthy Options program, DBHR-funded youth contractors shall screen each applicant and make referrals as follows:

- a. All youth shall be screened for financial eligibility and referred to the local DSHS Community Services Office (CSO), for Medicaid/Title XIX eligibility determination if the financial screen so warrants.
- b. Contracted programs shall refer Title XIX eligible youth that have not previously received an EPSDT/Healthy Options health screen to an EPSDT/Healthy Options primary health care provider for such services.

MEDICAL COUPONS FOR DBHR-FUNDED YOUTH IN RESIDENTIAL TREATMENT

When possible, youth who are referred to residential treatment, who do not currently have any medical coupons, should be assisted in attaining them **prior** to entering treatment. If coupons for medical assistance

are not obtained prior to entering treatment, youth can be assisted by treatment staff upon admission to complete a form that can be mailed to the local DSHS, EMFS office. **To provide the most comprehensive medical and health services for DBHR-funded youth in treatment, contact the local EPSDT screener in your area.**

Federal Poverty Chart Guidelines, may be found by accessing the DBHR page of the DSHS Website at <http://www.dshs.wa.gov/pdf/dbhr/da/2009FederalPovertyLevels.pdf>

TRANSPORTATION ASSISTANCE/FAMILY HARDSHIP PROGRAM

A program intended to assist families of youth who are patients in DBHR-funded, residential chemical dependency treatment programs, and youth detoxification services. The program will assist families with travel and lodging costs to enable them to fully participate in the family treatment program. Eligibility is based on those families at the lowest income level with the least amount of resources, and who are required to travel more than 50 miles one way to attend treatment activities. Priority is given for travel that is clinically required. Lodging, when required, is also reimbursable. *DBHR reimburses residential providers who, in turn, directly reimburses families.*

PREGNANT AND POSTPARTUM ADOLESCENTS

These youth are eligible for all substance abuse treatment services available for the adolescent population in general, as well as some specialized services for pregnant women. Pregnant adolescents who might require detoxification and medical stabilization services are assessed through county Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) Assessment Centers. Adolescents who require detoxification and medical stabilization services must be determined financially eligible through the local DSHS, CSO office.

Pregnant adolescents can receive detoxification and medical stabilization in a hospital-based intensive inpatient treatment program. There are presently a number of hospital-based intensive inpatient treatment programs across the state with a program for pregnant women. Some of these programs may have specific services for pregnant adolescents. See the following Appendix listing, in DBHR's Provider Directory titled: , *DBHR Certified Hospitals Providing Intensive Inpatient Care for Chemical Using Pregnant Women (Appendix F); DBHR-Contracted Residential Services for Women and Children (Appendix E); and DBHR-Contracted Housing Support Services For Pregnant and Postpartum Women (Appendix D)* which can be found on the web site at: <http://www.dshs.wa.gov/dbhr/dadirectory.shtml>

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**DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
YOUTH OUTPATIENT CONTRACTORS**

(Revised 9/2011)

ADAMS COUNTY

Community Counseling Services

425 East Main Street
Othello, Washington 99344
(509) 488-5611

ASOTIN COUNTY

Rogers Counseling Center

900 Seventh Street
Clarkston, Washington 99403
(509) 758-3341

BENTON/FRANKLIN COUNTIES

Community Health Center La Clinica

Db: Nueva Esperanza Counseling Center
720 West Court Street, Suite 8
Pasco, WA 99301
(509) 545-6506

Educational Service District 123

Youth Recovery Program
3918 West Court Street
Pasco, WA 99301
(509) 547-8441

Somerset Counseling Center

1305 Mansfield Street, Suite 5
Richland, Washington 99352
(509) 942-1624

CHELAN/DOUGLAS COUNTY

Center for Alcohol and Drug Treatment

327 Okanogan Avenue
Wenatchee, Washington 98801
(509) 662-9673

CLALLAM COUNTY

Jamestown S'Klallam Tribal Program

1033 Old Blyn Highway
Sequim, Washington 98382
(360) 681-4626

**Klallam Counseling Services (formerly
Lower Elwha Tribal Program)**

1026 East First Street, Suite 2
Port Angeles, Washington 98362
(360) 452-4432

CLALLAM COUNTY Continued

Makah Chemical Dependency Program

Front Street
Neah Bay, Washington 98357
(360) 645-2461
Serves Native Americans Only

Olympic Personal Growth Center

390 East Cedar Street
Sequim, Washington 98282
(360) 681-8463

True Star Recovery Program

1912 West 18th Street
Port Angeles, Washington 98363
(360) 417-2282

West End Outreach Services (Forks)

Forks Community Hospital
530 Bogachiel Way
Forks, Washington 98331
(360) 374-6177

CLARK COUNTY

Lifeline Connections

1601 East Fourth Plain Blvd
Building #17 – Suite A212
Vancouver, Washington 98661
(360) 397-8246

Columbia River Mental Health

6926 East Fourth Plain Boulevard
Vancouver, WA 98661
(360) 695-1297

Community Services Northwest

1601 East Fourth Plain Blvd
Vancouver, WA 99328
(360) 397-8488

COLUMBIA COUNTY

Blue Mountain Counseling

221 East Washington Street
Dayton, Washington 99328
(509) 382-1164

COWLITZ COUNTY**Awakenings**

920 Fir Street
Longview, WA 98632
(360) 423-2806

Cowlitz Tribal Treatment Program

1044 11th Avenue
Longview, WA 98632
(360) 575-3316

FERRY COUNTY**Northeast Washington Alliance Counseling Services –****Republic Chemical Dependency Unit**

75 North Keller
Republic, Washington 99166
(509) 684-4597

FRANKLIN COUNTY

(See Benton County listing)

GARFIELD COUNTY**Garfield County Human Services**

856 Main Street
Post Office Box 758
Pomeroy, Washington 99347
(509) 843-3791

GRANT COUNTY**Grant County Prevention and Recovery Center**

1525 Wheeler Road
Post Office Box 1217
Moses Lake, Washington 98837
(509) 765-5402

GRAYS HARBOR COUNTY**Chehalis Tribal Recovery Program**

420 Howanut Drive
Post Office Box 536
Oakville, Washington 98568
(360) 273-5595

Quinault Indian Nation Treatment Program

116 Quinault Street
Taholah, Washington 98587
(360) 276-8211
Serves Native Americans Only

True North – Thurston ESD #113

104 K Street
Aberdeen, Washington 98520
(360) 339-8119

ISLAND COUNTY**Phoenix Recovery Services – Island County**

31640 S.R. 20, Suite 1
Oak Harbor, WA 98277
(360) 679-7676

JEFFERSON COUNTY**Beacon of Hope**

686 Lake Street, Suite 400
Port Townsend, Washington 98368
(360) 385-3866

KING COUNTY**Asian Counseling and Referral Service**

3639 Martin Luther King Jr. Way South
Seattle, WA 98144
(206) 695-7606

Auburn Youth Resources

816 F Street Southeast
Auburn, Washington 98002
(253) 939-2202

Center for Human Services

17018 - 15th Avenue Northeast
Seattle, Washington 98155
(206) 362-7282

Center for Human Services

18315 Bothell Way NE
Bothell, WA 98011
(425) 489-6028

Central Youth and Family Services

1901 Martin Luther King Jr. Way South
Seattle, Washington 98144
(206) 322-7676

Community Psychiatric Clinic - Belltown

2329 Fourth Avenue
Seattle, Washington 98121
(206) 461-3649

Community Psychiatric Clinic - Bridgeway

3825 Bridgeway North
Seattle, Washington 98103
(206) 632-5009

Community Psychiatric Clinic – Northgate Branch

10501 Meridian Avenue North
Seattle, Washington 98103
(206) 461-4544

KING COUNTY Continued**Community Psychiatric Clinic – Wallingford Branch**

4120 Stone Way North
Seattle, Washington 98103
(206) 461-3707

Consejo Counseling and Referral Services

3808 South Angeline Street
Seattle, Washington 98118
(206) 461-4880

Consejo Counseling and Referral - Bellevue

13333 Bell Red Road Suite #210
Bellevue, Washington 98005
(425) 679-0801

Friends of Youth- Branch of Issaquah Youth and Family Program

414 Front Street North
Issaquah, WA 98027
(425) 392-6367

Integrative Counseling Services

701 N. 36th Street, Suite 300
Seattle, WA 98103
(206) 216-0300

Kent Youth and Family Services

232 South Second Avenue, #201
Kent, Washington 98032
(253) 859-0300

Muckleshoot Behavioral Health Services

17500 S.E. 392nd Street
Auburn, Washington 98902
(253) 939-4113 *Serves Native Americans Only*

Northshore Youth and Family Services

10309 N.E. 185th Street
Bothell, WA 98011
(425) 485-6541

Renton Area Youth and Family Services

1025 South Third Street
Renton, Washington 98055
(425) 271-5600

Sea Mar Youth Treatment Center

10001 17th Place South
Seattle, WA 98168
(206) 766-6960

Seattle Counseling Services

1216 Pine Street. Suite 300
Seattle, WA 98101
(206) 323-1768

Sound Mental Health/Auburn SMH Service Center Auburn

4240 Auburn Way North
Auburn, WA 98002
(253) 876-8900

Snoqualmie Tribe – Raging River Recovery Center

1308 Boalch Ave N.W.
Post Office Box 2371
North Bend, WA 98045
(425) 831-5425

Sound Mental Health Counseling Services/Auburn

4240 Auburn Way North
Auburn, WA 98002
(253) 876-8900

Sound Mental Health Counseling Services/Tukwila

6100 South Center Blvd. 3rd floor
Tukwila, WA 98188
(206) 444-7900

Sound Mental Health/Seattle

(Capitol Hill)
1600 E Olive St.
Seattle, WA 98122
(206) 302-2200
tty: (206) 302-2209

Sound Mental Health

2719 East Madison, Suite 200
Seattle, WA 98112
(206) 302-2600

Sound Mental Health Counseling Service/ Northgate

9706 4th Ave. NE #303
Seattle, WA 98115
(206) 302-2900

Sound Mental Health/ East Side

Sound Mental Health Counseling Services
(Bellevue)
14216 NE 21st St.
Bellevue, WA 98007
(425) 653-4900

KING COUNTY Continued**Sound Mental Health/Rainbow Creek**

14270 NE 21st St.
Bellevue, WA 98007
(425) 653-5000

Therapeutic Health Services – Kent Branch

24823 Pacific Highway S. #103
Kent, Washington 98032
(206) 681-0010

THS- Youth and Family Services

1901 Martin Luther King Jr. Way South
Seattle, WA 98144
(206) 322-7676

Valley City Counseling and Consultation- Auburn

27041 I Street Northeast
Auburn, WA 98003
(253) 939-4055

Valley Cities Counseling – Federal Way North

33301 – 1st Way South, Suite C-115
Federal Way, Washington 98003
(253) 661-6634

Valley City Counseling and Consultation – Kent

325 West Gowe Street
Kent, Washington
(206) 520-9350

Washington Asian/Pacific Islander Families Against Substance Abuse

606 Maynard Avenue South, Suite 106
Seattle, Washington 98104
(206) 223-9578

Youth Eastside Services - Main Facility

999 – 164th Avenue NE
Bellevue, Washington 98008
(425) 747-4YES

Youth Eastside Services - Lake Washington Branch

13009 - 85th
Kirkland, Washington 98033
(425) 747-4YES

KITSAP COUNTY**Cascade Recovery Center**

9095 McConnel Avenue NW
Post Office Box 3452
Silverdale, Washington 98383
(360) 698-7267

Kitsap Mental Health Services

5455 Almira Drive Northeast
Bremerton, Washington 98310
(360) 373-5031

Kitsap Adolescent Recovery Services (KARS)

1338 SW old Clifton Road
Port Orchard, Washington 98367
(360) 337-5401

Port Gamble S'Klallam Tribe

31912 Little Boston Road Northeast
Kingston, Washington 98346
(360) 297-3412
Serves Native Americans Only

KITTITAS COUNTY**Alcohol and Drug Dependency Services**

507 Nanum, Room 111
Ellensburg, Washington 98926
(509) 925-9821

Cascade Recovery Resource Center

707 North Pearl St Suite D
Ellensburg, Washington 98926
(509) 933-4044

Klickitat County**Dependency Health Services**

215 Rhine Village Drive
White Salmon, Washington 98672
(509) 493-3400

Dependency Health Services - Goldendale

112 West Main Street
Goldendale, Washington 98620-9286
(509) 773-5801

LEWIS COUNTY**Eugenia Center**

121 Northwest Chehalis Avenue
Post Office Box 1371
Chehalis, Washington 98532
(360) 740-9767

True North - ESD 113 - Chehalis

2100 North National Ave, Box 12
Chehalis, Washington 98532
(360) 623-7337

LINCOLN COUNTY**Lincoln County Alcohol/ Drug Center**

510 Morgan
Post Office Box 152
Davenport, Washington 99122
(509) 725-2111

MASON COUNTY

(See Thurston County listing)

OKANOGAN COUNTY

Colville Confederated Tribes

Tribal Headquarters
Nespelem, Washington 99155
(509) 634-2600 *Serves Native Americans Only*

Colville Confederated Tribes-Omak Branch

500 Benton Street
Omak, WA 98841
(509) 422-7410 *Serves Native Americans Only*

Okanogan Behavioral Healthcare, Inc.

1007 Koala Drive
Post Office Box 3208
Omak, Washington 98841
(509) 826-5600

PACIFIC COUNTY

Shoalwater Bay Indian Tribe

2373 Old Tokeland Road, Building E
Tokeland, Washington 98590
(360) 267-3408 *Serves Native Americans Only*

True North-Pacific ESD 113

Willapa Valley School District
22 Viking Way
Raymond, WA 98577
(360) 942-3271

Willapa Behavioral Health

(North Pacific County)
300 Ocean Avenue
Raymond, WA 98577
(360) 942-2303

Willapa Behavioral Health

(South Pacific County)
2204 North Pacific Avenue
Long Beach, WA 98631
(360) 642-3787

PEND OREILLE COUNTY

Counseling Services

105 South Garden Avenue
Post Office Box 5055
Newport, Washington 99156-5055
(509) 447-5651

Kalispell Social Services – Usk

48641 SR 20
Usk, Washington 99119
(509) 445-1762 *Serves Native Americans Only*

PIERCE COUNTY

Community Alcoholism Center

105 South Garden Avenue
Post Office Box 5055
Newport, WA 99156-5055
(509) 447-5651

Consejo Counseling & Referral Service

3513 Portland Avenue
Tacoma, WA 98404
(253) 385-1528

Foundation of Multicultural Solutions, Inc.

423 Martin Luther King, Jr. Way
Tacoma, Washington 98405
(253) 572-3214

Pierce County Juvenile Court/Remann Hall

5506 6th Avenue
Tacoma, WA 98406
(253) 798-7900

Puyallup Tribal Treatment Center

2209 East 32nd Street
Tacoma, Washington 98404
(253) 593-0291
Serves Native Americans Only

Puyallup Tribal Treatment Center - Chief Leschi School

5625 - 52nd Street East
Puyallup, Washington 98371
(253) 445-8000 *Serves Native American Only*

The Center

(Metropolitan Development Council)
721 South Fawcett Ave #203
Tacoma, WA 98402
(253) 593-274-

SAN JUAN COUNTY

Compass Health.

520 Spring Street
Friday Harbor, Washington 98250
(360) 378-2669

SKAGIT COUNTY**Northwest ESD 189**

1601 R Avenue
Anacortes, WA 98221
(360) 299-4000

Phoenix Recovery Services

1601 East College Way, Suite A
Mount Vernon, Washington 98273
(360) 848-8437

Sea Mar Substance Abuse – Mt. Vernon

1010 East College Way
Mount Vernon, Washington 98273
(360) 428-8912

Upper Skagit Tribal CD Tx. Program

25959 Community Plaza Way
Sedro Woolley, WA 98284
(360) 854-7070
Serves Native American Only

SKAMANIA COUNTY**Skamania County Community Health**

710 Southwest Rock Creek Drive
Stevenson, Washington 98648
(509) 427-3850

SNOHOMISH COUNTY**Catholic Community Services – Everett**

2610 Wetmore Avenue
Everett, Washington 98201
(425) 258-5270

Catholic Community Services – Marysville

1227 – 2nd Street
Marysville, WA 98270
(360) 651-2366

Center for Human Services

18315 Bothell Way NE
Bothell, WA 98011
(425) 489-6028

Northshore Youth and Family Services

21801 – 44th Avenue West
Mountlake Terrace, WA 98403
(425) 485-6451

Sea Mar Behavioral Health – Lynnwood

19707 – 44th Ave West, Suite 101
Lynnwood, WA 98036
(425) 977-2560

Sea Mar Behavioral Health – Monroe

14090 Fryelands Blvd SE, Suite 347
Monroe, WA 98272
(360) 282-3901

Stillaguamish Tribe of Indians

3439 Stoluckquamish Lane
Arlington, Washington 98223
(360) 435-9338 *Serves Native Americans Only*

THS – Everett Youth and Family Services

9930 Evergreen Way, Building Z154
Everett, WA 98204
(425) 263-3006

Tulalip Youth Hope House**Treatment and Prevention Program**

2821 Mission Hill Road
Marysville, Washington 98271
(360) 651-3350 *Serves Native Americans Only*

SPOKANE COUNTY**Adept**

104 West Crawford
Deer Park, A 99202
(509) 276-2797

Daybreak of Spokane

960 East 3rd
Spokane, Washington 99202
(509) 624-3227 ext. 24

Daybreak of Spokane

(Valley Outpatient Program)
11711 Sprague Ave, Suite D4
Spokane, Washington 99206
(509) 927-1991

Excelsior Youth Center

3754 West Indian Trail Road
Spokane, WA 99208
(509) 328-7041

N.A.T.I.V.E. Project

Alcohol/Drug Outpatient Program
1803 West Maxwell
Spokane, Washington 99201-2831
(509) 325-5502

STEVENS COUNTY**Northwest Washington Alliance Counseling Services**

Chemical Dependency Unit
165 East Hawthorne Avenue
Colville, WA 99114
(509) 684-4597

THURSTON/MASON COUNTY

BHR Recovery Services

6128 Capitol Blvd SE
Tumwater, WA 98501
(360) 704-7170

Nisqually Tribal Substance Abuse and Prevention Program

4816 She-Nah-Num Drive SE
Olympia, Washington 98513
(360) 459-5337 *Serves Native Americans Only*

Northwest Indian Treatment Center Squaxin Island Tribal

SE 70 Squaxin Lane
Shelton, Washington 98584
(360) 426-9781 *Serves Native Americans Only*

St. Peter Chemical Dependency Unit

4800 College Street SE
Lacey, Washington 98503
(360) 459-8811

True North - ESD #113 - Mason

807 West Pine Street
Shelton, Washington 98584
(360) 426-2050

True North - ESD #113 - Thurston

6005 Tyee Drive SW
Tumwater, Washington 98512
(360) 464-6870

True North - ESD #113 - Yelm

1315 Yelm Highway
Yelm, Washington 98597
(360) 458-7777

WAHAKIUM COUNTY

Wahkiakum Chemical Dependency Services

42 Elochoman Valley Road
Cathlamet, Washington 98612
(360) 795-8630

WALLA WALLA COUNTY

Serenity Point Counseling Services

912 South 2nd Ave
Walla Walla, Washington 99362
(509) 529-6036

WHATCOM COUNTY

Advanced Choices

2505 Cedarwood Avenue, Ste A
Bellingham, WA 98229
(360) 752-3262

Catholic Community Services Recovery Center

515 Lakeway Drive
Bellingham, Washington 98225
(360) 676-2187

Lummi Counseling Services

2530 Kwina Road
Bellingham, Washington 98226
(360) 384-2323 *Serves Native Americans Only*

Nooksack Tribe Genesis II

6750 Mission Road
Everson, Washington 98247
(360) 966-7704 *Serves Native Americans Only*

Sea Mar Substance Abuse Service

4455 Cordita Parkway
Bellingham, Washington 98226
(360) 734-5458

WHITMAN COUNTY

Palouse River Counseling

Northeast 340 Maple Street, #2
Pullman, Washington 99163
(509) 334-1133

YAKIMA COUNTY

Casa de Esperanza

102 South 3rd Street, Suite 100
Yakima, Washington 98901
(509) 575-8457

Dependency Health Services

505 South 4th
Yakima, Washington 98902
(509) 248-1200

Dependency Health Services

1319 Saul Road South
Sunnyside, Washington 98944
(509) 837-2089

Merit Resources - Sunnyside

702 Franklin
Post Office Box 921
Sunnyside, Washington 98944
(509) 837-7700

Merit Resources - Toppenish

114 South Beech Street
Post Office Box 366
Toppenish, Washington 98948
(509) 865-5233

YAKIMA COUNTY Continued

Merit Resources - Wapato

312 West Second
Post Office Box 1067
Wapato, Washington 98951
(509) 877-7271

Merit Resources – Yakima

414 North 3rd Street
Yakima, Washington 98907
(509) 469-9366

Sundown M Ranch

2280 SR 821
Yakima, Washington 98901

Mailing Address:

Post Office Box 217
Selah, Washington 98942
(509) 575-8686

Triumph Treatment Services

102 South Naches Avenue
Post Office Box 2849
Yakima, Washington 98907
(509) 248-1800

Yakama Indian Nation Comprehensive Alcoholism Program

20 Gunnyon Road
Toppenish, Washington 98948
(509) 865-5121
Serves Native Americans Only

DBHR-FUNDED YOUTH RESIDENTIAL
CHEMICAL DEPENDENCY
TREATMENT/DETOX SERVICES
(Revised 9/2011)

CLARK COUNTY

Level II Facility

Daybreak Vancouver

2924 Falk Road
Vancouver, Washington 98661
(360) 750-9588
(14 DBHR Beds, Male Only)

All admission applications and pre-admission correspondence must go through the Daybreak Spokane office: (509) 624-3227.

KING COUNTY

Youth Detox/Stabilization Facilities

Lakeside Milam Recovery Center

10322 Northeast 132nd Street
Kirkland, Washington 98034
(425) 823-3116
(800) 231-4303 Toll Free

**Recovery Centers of King County
Detoxification Center**

1701 - 18th Avenue South
Seattle, Washington 98144
(206) 325-5000

Level II Facilities

Lakeside-Milam Recovery Center

12845 Ambaum Boulevard Southwest
Seattle, Washington 98146
(206) 241-0890
(800) 231-4303 Toll Free
(8 DBHR Beds; Males and Females)

Sea Mar Renacer Youth Facility

10001 – 17th Place South
Seattle, Washington 98168
(206) 766-6960
(14 DBHR Beds; males, minority, primarily King County)

Ryther Child Center

2400 NE 95th Street
Seattle, Washington 98115
(206) 525-5050
(10 DBHR Beds; Males)

PIERCE COUNTY

Tacoma Detoxification Center

721 South Fawcett Avenue, Room 100
Tacoma, WA 98402
(253) 593-2413

SKAGIT COUNTY

Youth Detox/Stabilization Facility

Skagit Recovery Center

John King Recovery House

1905 Continental Place
Mount Vernon, Washington 98273
(360) 428-7835

Recovery House Facility

Skagit Recovery Center -

John King Recovery House

1905 Continental Place
Mount Vernon, Washington 98273
(360) 428-7835
(17 DBHR Beds)

SPOKANE COUNTY

Youth Detox/Stabilization Facility

Spokane Community Detox Services

South 165 Howard Street
Spokane, Washington 99204
(509) 838-2771

Level I Facility

Healing Lodge of the Seven Nations

5600 East 8th Avenue
Spokane, Washington 99212
(509) 533-6910
(7 DBHR Beds; Females)

**Healing Lodge of the Seven Nations
Sage Unit**

5600 East 8th Avenue
Spokane, Washington 99212
(509) 533-6910
(9 DBHR Beds; Males)

**Healing Lodge of the Seven Nations
Cedar Unit**

5600 East 8th Avenue
Spokane, Washington 99212
(509) 533-6910
(9 DBHR Bed; Males)

SPOKANE COUNTY Continued

Level II Facilities

Daybreak of Spokane

628 South Cowley Street
Spokane, Washington 99202
(509) 624-3227
(17 DBHR Bed; Males and Females)

Excelsior Youth Center

Starting Point
3754 West Indian Trail Road
Spokane, WA 99208-4736
(509) 328-7041
(11 DBHR Beds; Males)

Recovery House Facility

Excelsior Youth Center

Turning Point
3754 West Indian Trail Road
Spokane, Washington 99208-4736
(509) 328-7041
(11 DBHR Beds; Males)

THURSTON COUNTY

Youth Detox/Stabilization Facility

Providence St. Peter

Chemical Dependency Center

4800 College Street SE
Lacey, Washington 98503
(360) 459-8811

Level II Facility

Providence St. Peter Chemical Dependency Center

4800 College Street SE
Lacey, Washington 98503
(360) 459-8811
(8 DBHR Beds; Males and Females)

WHATCOM COUNTY

Level II Facility

SEA MAR / Visions

1603 East Illinois
Bellingham, Washington 98226
(360) 647-4266
(17 DBHR Beds, Females)

Recovery House Facility

Sea Mar / Visions

1603 East Illinois
Bellingham, Washington 98226
(360) 647-4266
(6 DBHR Beds; Females)

YAKIMA COUNTY

Youth Detox/Stabilization Facility

Two Rivers Landing

(branch of Central WA Comprehensive
Mental Health)
401 South 5th Avenue
Yakima, Washington 98902
(509) 453-2900

Level I Facility

Sundown M Ranch

2280 State Route 821
Yakima, Washington 98901
(509) 457-0990
(14 DBHR Beds; Males and Females)

Recovery House Facility

Sundown M Ranch

2280 State Route 821
Yakima, Washington 98901
(509) 457-0990
(2 DBHR Beds; Males and Females)

For youth treatment at DBHR-certified private agencies
that do not receive public funding,
refer to the **DBHR "Provider Directory"**
and find "YOUTH" under TREATMENT FOCUS of each listed agency.

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
YOUTH RESIDENTIAL TREATMENT PROVIDERS

September 2011

**The Division of Behavioral Health and Recovery has youth treatment contracts
with the following providers for the 2011 - 2013 Biennium**

Level I

Sundown (Yakima)	(509) 457-0990	14 beds	<i>(Males and Females)</i>
Healing Lodge of Seven Nations (Spokane)	(509) 533-6910	7 beds	<i>(Females only)</i>
Healing Lodge of Seven Nations (Spokane)	(509) 533-6910	18 beds	<i>(Males only)</i>

Level II

Providence St. Peter Hospital (Lacey)	(360) 459-8811	9 beds	<i>(Males and Females)</i>
Lakeside – Milam (Burien)	(206) 241-0890	8 beds	<i>(Males and Females)</i>
Daybreak of Vancouver	(360) 750-9588	14 beds	<i>(Males Only)</i>
Daybreak of Spokane	(509) 624-3227	17 beds	<i>(Males and Females)</i>
Sea Mar Visions (Bellingham)	(360) 647-4266	17 beds	<i>(Females Only)</i>
Ryther Child Center (Seattle)	(206) 525-5050	10 beds	<i>(Males only)</i>
Excelsior Youth Center (Spokane)	(509) 328-7041	11 beds	<i>(Males only)</i>
Sea Mar Renacer (Seattle)	(206) 766-6960	14 beds	<i>(Males only; priority minority youth King County)</i>

*** Recovery House**

Skagit Recovery Center (Mt. Vernon)	(360) 428-7835	17 beds	<i>(Males and Females)</i>
Sundown (Yakima)	(509) 457-0990	2 beds	<i>(Males and Females)</i>
Excelsior Youth Center (Spokane)	(509) 328-7041	11 beds	<i>(Males Only)</i>
Sea Mar Visions (Bellingham)	(360) 647-4266	6 beds	<i>(Females Only)</i>

***Recovery House level; open to all appropriate youth from Level I, Level II Inpatient programs.**

“Hey I’m going to really miss all of you. You all have brought me along way believe it or not I just want to thank you guys for having the heart to be willing to help teens out like us. No matter how much hell ive put you guys through ill always remember you all – and always have you staff in my heart and love you guys for being here for me and helping me out. I use to hate you guys so much until I stopped to think you guys taught me how to respect people, myself, & that I don’t need drugs to live through life. Thanks so much to all of you for putting your time to us love always.” Phil

-Written to a staff member by a recovery house graduate.